

# Virginia Swimming, Inc. Stroke and Turn Apprenticeship Record

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

E-mail Address \_\_\_\_\_

USA Swimming Team Affiliation \_\_\_\_\_

Clinic Attendance Date \_\_\_\_\_

Issued by \_\_\_\_\_

(District Chair's Signature)

Walks 2-4 are made shadowing an assigned trainer and developing the skills listed on the reverse page. No more than one session may be at an A level meet.

	Meet	Date	Trainer	Referee
Walk 1	_____	_____	_____	_____
Walk 2	_____	_____	_____	_____
Walk 3	_____	_____	_____	_____
Walk 4	_____	_____	_____	_____
Walk _	_____	_____	_____	_____
Walk _	_____	_____	_____	_____
Walk _	_____	_____	_____	_____

***The first 4 must be completed with mastery of each skill demonstrated before the apprentice can proceed to the "final walks."***

**Prior to the final walks, the apprentice must all below.**

	<b>Date Completed</b>
S&T Test:	_____
APT:	_____
Background Check:	_____
Registration Apprentice: _____ Non-Athlete: _____	
Concussion Training: _____	

Walk \_ \_\_\_\_\_

Walk \_ \_\_\_\_\_

Walk \_ \_\_\_\_\_

Walk \_ \_\_\_\_\_

***A minimum of 3 walks are required. At least one of the first two walks and the third walk must be satisfactorily completed in order for the Referee to recommend certification.***

I certify that I have evaluated this apprentice and have found them qualified to serve as a Stroke and Turn Official.

\_\_\_\_\_ Date \_\_\_\_\_

(Validating Referee Signature)

Please make a copy for your records and then turn this card into your District Officials Chair as soon as you have completed your training.

## Comments

Meet type should be designated as B/C, BB/B/C, A+, Senior, etc. Back page must also be completed.

**Walk #1, Intro to stroke rules: Check all that apply**

- Classroom instruction
- Online instruction
- Deck instruction – Requires prior arrangement with the District Chair

**Walk #2, Meet Type =**

**Walk #3, Meet Type =**

**Walk #4, Meet Type =**

**Walk #5, Meet Type =**

**Walk #6, Meet Type =**

**Walk #7, Meet Type =**

**Walk #8, Meet Type =**

Skill	Deck Walks								
	Clinic	1	2	3	4	5	6	7	8
<b>Clinic – Overview of a USA Swim Official</b>									
FINA, USA Swimming, VSI/LSC's, Meet invites									
Registration & credentials- Applicable websites, OTS, BI, Athlete protection									
Process of becoming a certified USA swim official & retaining certification									
Basic review all officials on deck and their responsibilities ("dry deck" & "wet deck")									
Uniform for officials									
Importance of the pre-session briefing									
<b>Walk 1 – Initial overview of stroke rules for individual and relay events</b>									
<b>Walk 2- 4 – On deck instruction, jurisdiction, stroke rules, disqualifications</b>									
<b>Jurisdiction</b>									
Positioning at both ends of the pool for equitable judging									
Positioning on the sides and how to provide equitable judging particularly in an unfavorable situation (i.e. swimmers spread out, coaches in path, open lanes, excessive glare on the pool)									
Equitable coverage on all lanes and the importance of observing empty lanes									
Rotation, relief judges, reserve judges									
<b>Stroke Rules- Individual Events</b>									
Freestyle									
Backstroke									
Breaststroke									
Butterfly									
Individual Medley									
<b>Stroke Rules - Relay Events</b>									
Freestyle Relay									
Medley Relay									
Relay Take-offs									
1 = Rules initially reviewed by trainer in depth 2 = Apprentice demonstrates minimal understanding of the rules 3 = Apprentice demonstrates an understanding of many, but not all aspects of the rules; apprentice can verbalize many, but not all aspects of the rules 4 = Apprentice demonstrates a complete understanding of the rules; apprentice can verbalize and/or reference all aspects of the rules <b>A "4" is required for each skill before "final" walks may be done</b>									
<b>Disqualifications</b>									
Benefit of the doubt goes to the swimmer									
Answering three standard questions with Chief Judge and/or Deck Referee									
Fill out the DQ slip									
Overtaken calls									
1 = Initially reviewed by trainer in depth 2 = Apprentice demonstrates poor or little understanding of the concept 3 = Apprentice grasps some but not all aspects of the concept 4 = Apprentice demonstrates mastery of the concept <b>A "4" is required for each skill before "final" walks may be done</b> <b>Shaded boxes or those marked with a 4 are not required to be discussed unless the apprentice wishes to review.</b>									

<b>Final Walks (3 is standard, however the trainee can ask for more sessions before becoming a certified official)</b>									
On-time and attentive at stroke briefing									
Properly attired in correct uniform									
Correct positioning on deck									
Rotates as appropriate and returns from breaks on-time									
Understands jurisdictions									
Observes swimmers throughout the time they are within the apprentice's jurisdiction									
Gives equal coverage to all swimmers within jurisdiction									
Demonstrates a complete (or nearly complete) understanding of the rules									
Makes calls as appropriate (some calls might be missed when, for example, four swimmers simultaneously come to the turn of backstroke and the apprentice observes left to right and the trainer observes right to left, but otherwise the apprentice sees and calls what can readily be observed)									
Does not make inappropriate calls									
Raises hand when making calls and does so in a decisive manner									
Clearly and concisely provides answers to the standard three questions									
Fills out the DQ slip correctly									
1 = Apprentice grasps some but not all aspects of the concept 2 = Apprentice demonstrates mastery of the concept <b>A "2" is required for each skill in order for the session to be satisfactorily completed.</b> <b>At least one of the first two walks and the third walk must be satisfactorily completed in order for the Referee to recommend certification</b>									